



# Club Expectations

## 2010 Season

Player Name \_\_\_\_\_ Team \_\_\_\_\_

### GOALS

The main goal of this club is to provide players with a positive and fun experience that builds character and success. Players and parents should represent the Santa Rosa Lacrosse Club and the sport of lacrosse positively in order to help achieve individual and team success. Players and parents that do not maintain a high standard of character will be not be allowed to participate.

### PLAYERS

Coaches reserve the right to discipline players, in the form of running, benching, suspending or expelling from team, if they do not meet the following expectations.

*Players are expected to:*

1. Give maximum effort and maintain good attitude
2. Wear proper equipment (cleats, cup, mouthpiece, pads, etc.)
3. Pay team dues and extra items purchased as set by team
4. Show respect for other players, coaches, officials and spectators
5. Do their best to learn and apply team concepts and strategies
6. Refrain from using profanity
7. Show excellent sportsmanship
8. Know the rules of the game

### PARENTS

Parents are expected to show positive sportsmanship at games and practices. Yelling at referees, coaches or players and sideline coaching are not acceptable. Let the coaches and referees do their work. If a parent has a problem with the way their child is being dealt with, please privately approach the coach first, parent representative second, and club director last.

### COMMITMENT

Coaches will make player decisions based on commitment, attitude, skill, and improvement. Players need to have a desire to succeed and improve while working hard at all times at practice. Players that spend more time practicing, that work hard, and that show improvement will play more, as will players that demonstrate a good attitude by being positive and helping with team duties.

School and work is very important. However, players are expected to manage their schedule so that they do not have to miss practice for things like essays or projects. Schedule doctor's appointments on non-practice days. Any missed practice time means the player is missing improvement opportunity and the team suffers.

### ROLES

It is essential that players and parents understand their roles on a team. Players that do not take their role seriously jeopardize the development of the team. Some roles may not be the most desirable but each player should respect the overall team objectives. Attitude is important.

Players and parents are expected to help with field preparation and cleanliness for practices and games both home and away. There will be duty requirements for players that will be based on volunteering and that coaches or parent representatives may assign.

I have read the Santa Rosa Lacrosse Club expectations and willingly agree to abide by them and support them during the 2010 season to the best of my ability.

Player \_\_\_\_\_ Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_